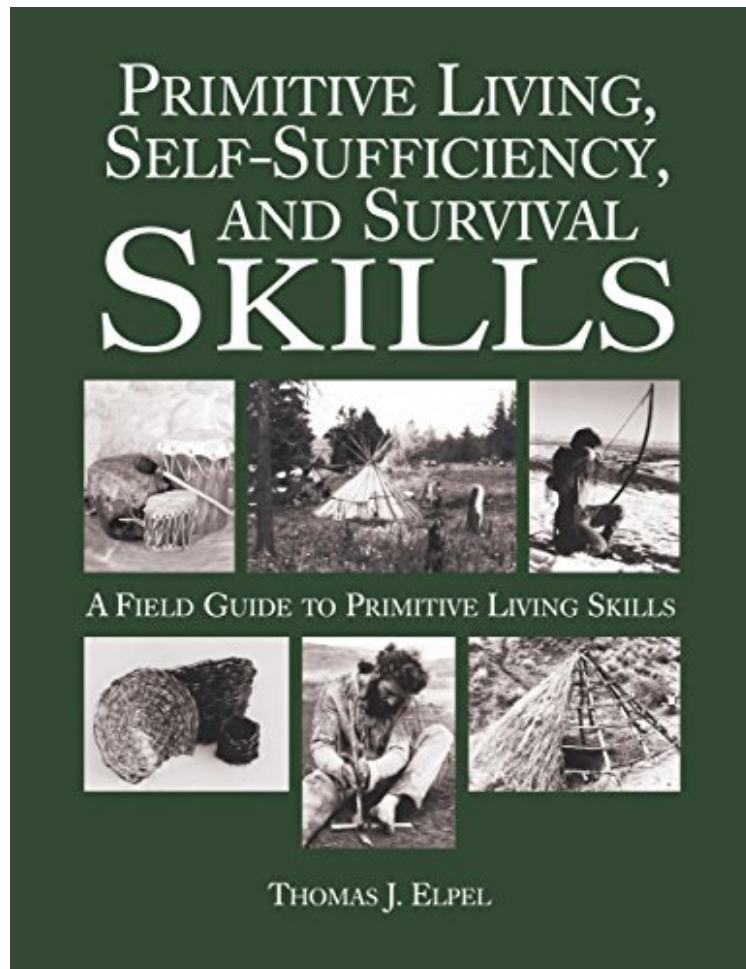


Primitive Living, Self-Sufficiency, and Survival Skills

Thomas J. Elpel

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A field guide to primitive living skills

From the Back Cover In *Primitive Living, Self-Sufficiency, and Survival Skills*, author Thomas J. Elpel shows how to discover nature by using it with the same techniques employed by the first people to wander the earth. Illustrated with over 350 photographs, he thoroughly describes every aspect of how to: Stay warm and comfortable even without a blanket Start a fire using friction Make bows and bone arrowheads Butcher a deer, tan the hide, and make soft buckskin clothing Identify edible plants of the Rocky Mountains Cook in the wild without a pan Make birch bark canisters, willow baskets, and primitive pottery Create and use simple stone knives *Primitive Living, Self-Sufficiency, and Survival Skills* includes dozens of skills and techniques that anyone can learn to meet the needs of clothing, shelter, fire, and water. It is a must read for any serious outdoorsperson.