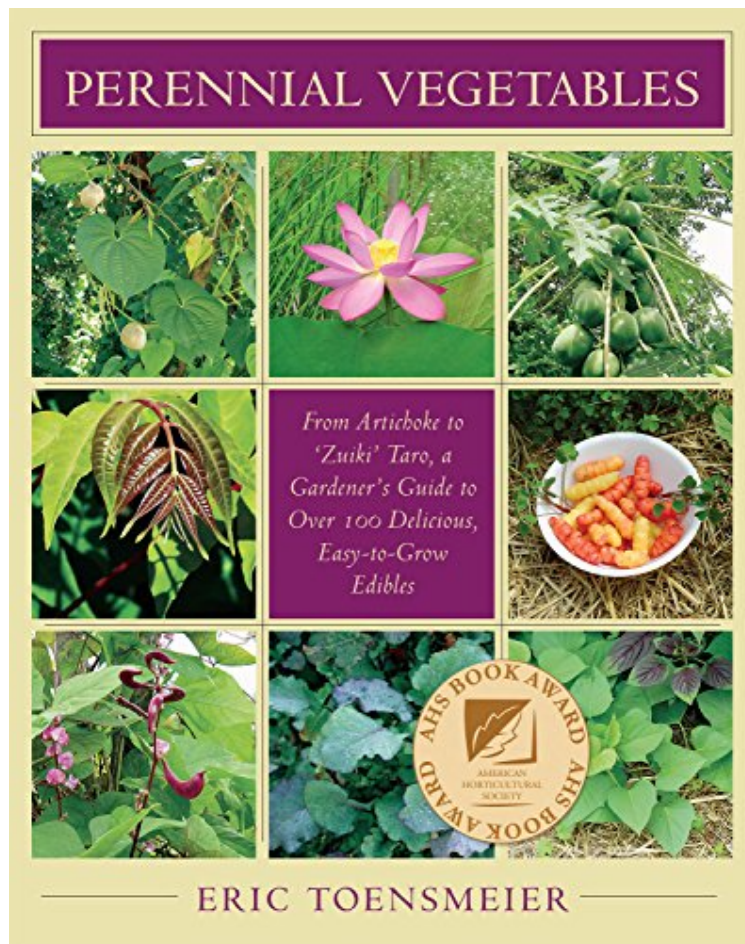


(Download pdf) Perennial Vegetables: From Artichokes to Zuiki Taro, A Gardener's Guide to Over 100 Delicious and Edibles

Perennial Vegetables: From Artichokes to Zuiki Taro, A Gardener's Guide to Over 100 Delicious and Edibles

Eric Toensmeier

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Eric Toensmeier : Perennial Vegetables: From Artichokes to Zuiki Taro, A Gardener's Guide to Over 100 Delicious and Edibles before purchasing it in order to gauge whether or not it would be worth my time, and all praised Perennial Vegetables: From Artichokes to Zuiki Taro, A Gardener's Guide to Over 100 Delicious and Edibles:

0 of 0 people found the following review helpful. VERY useful resource for Perennial Permaculture GardenersBy drmalonado Although I am still just beginning to read this book, I can say what I have read so far is a wonderful resource. He names sources for materials that don't come up in a standard Google search. I can tell I will be using this book a LOT! Thank you Eric Toensmeier for writing this! 0 of 0 people found the following review helpful. Five StarsBy Customer In the cold years that lie ahead, perennial vegetables will become more important. 3 of 3 people found the following review helpful. Finally a perennial vegetable book! By Isaiah Jones If you are a gardener who

doesn't like weeding, irrigating, etc. then I'd highly recommend this book. Growing perennial vegetables makes so much sense in so many ways. It doesn't mean don't grow annuals, but grow both and reap the benefits of each. This book has a broad range of vegetables (and only vegetables, no fruits, nuts, etc.) for the whole of North America. There aren't many of these books out there, so I for one would recommend it!

There is a fantastic array of vegetables you can grow in your garden, and not all of them are annuals. In *Perennial Vegetables* the adventurous gardener will find information, tips, and sound advice on less common edibles that will make any garden a perpetual, low-maintenance source of food. Imagine growing vegetables that require just about the same amount of care as the flowers in your perennial beds and borders—no annual tilling and potting and planting. They thrive and produce abundant and nutritious crops throughout the season. It sounds too good to be true, but in *Perennial Vegetables* author and plant specialist Eric Toensmeier (Edible Forest Gardens) introduces gardeners to a world of little-known and wholly underappreciated plants. Ranging beyond the usual suspects (asparagus, rhubarb, and artichoke) to include such "minor" crops as ground cherry and ramps (both of which have found their way onto exclusive restaurant menus) and the much sought after, anti-oxidant-rich wolfberry (also known as goji berries), Toensmeier explains how to raise, tend, harvest, and cook with plants that yield great crops and satisfaction. Perennial vegetables are perfect as part of an edible landscape plan or permaculture garden. Profiling more than 100 species, illustrated with dozens of color photographs and illustrations, and filled with valuable growing tips, recipes, and resources, *Perennial Vegetables* is a groundbreaking and ground-healing book that will open the eyes of gardeners everywhere to the exciting world of edible perennials.

From Booklist Part of the allure of perennial gardening is the fact that a gardener can plant something once and enjoy it for several years, a benefit that has rarely been extended to vegetable gardeners. Save for such stalwarts as asparagus and rhubarb, most edible crops can be used only annually. Thanks to Toensmeier, gardeners need no longer be frustrated by such limitations. From air potatoes to water celery, Turkish rocket to Malabar gourd, there are more than 100 new species of edible plants. After addressing such cultural basics as site selection and preparation, Toensmeier explains why each plant is an excellent perennial vegetable crop. Now that such items are making their way onto trendy restaurant menus and health-store shelves, Toensmeier's groundbreaking guide is destined to become the bible for this new class of edible gardening. Carol Haggas Copyright American Library Association. All rights reserved

Booklist-Part of the allure of perennial gardening is the fact that a gardener can plant something once and enjoy it for several years, a benefit that has rarely been extended to vegetable gardeners. Save for such stalwarts as asparagus and rhubarb, most edible crops can be used only annually. Thanks to Toensmeier, gardeners need no longer be frustrated by such limitations. From air potatoes to water celery, Turkish rocket to Malabar gourd, there are more than 100 new species of edible plants. After addressing such cultural basics as site selection and preparation, Toensmeier explains why each plant is an excellent perennial vegetable crop. Now that such items are making their way onto trendy restaurant menus and health-store shelves, Toensmeier's groundbreaking guide is destined to become the bible for this new class of edible gardening. (Carol Haggas)"This book is itself a perennial polyculture of multipurpose plants. Toensmeier's adventurous yet sober palate blends with his observant eye and plant-geek mind to yield a varied harvest that should produce for years to come. He is an enthusiastic and knowledgeable guide for explorations of this largely unmapped territory. Let's hope gardeners everywhere follow his lead and join the fun!"--Dave Jacke, coauthor *Edible Forest Gardens*"That there are more perennial vegetables than asparagus is no surprise, but that there are more than 100 species we North American gardeners can choose from is news. Toensmeier's *Perennial Vegetables*, the first comprehensive guide to growing them, will have all of us reexamining our plans for next year's vegetable plot." --Karan Davis Cutler, author of *Burpee The Complete Flower Garden*"Eric Toensmeier has comprehensively filled a huge gap in the sustainable landscape. *Perennial Vegetables* lets you put away your tiller, and covers everything you need to grow, harvest, and eat vegetables and greens that will keep coming back year after year."--Toby Hemenway, author of *Gaia's Garden*"Toensmeier's knowledge of edible plants is impressive and inspiring. His excitement for a sustainable landscape helps us focus away from buying food to harvesting it naturally. *Perennial Vegetables* offers an excellent range of edible plants for long-term cultivation and enjoyment."--Ellen Ecker Ogden, co-founder of *The Cook's Garden* seed catalog, author of *From the Cook's Garden*"Growing perennial vegetables is a true pleasure. This fine book gives the knowledge to successfully add variety to both the garden and the table while also enhancing the home environment."--Miranda Smith, author of *The Plant Propagator's Bible* and *Complete Home Gardening*About the Author Eric Toensmeier is the award-winning author of *Paradise Lot* and *Perennial Vegetables*, and the co-author of *Edible Forest Gardens*. Eric is an appointed lecturer at Yale University, a Senior Fellow with Project Drawdown, and an international trainer. He presents in English and Spanish throughout the United States, Canada, Mexico, Guatemala, and the Caribbean. Eric has studied useful perennial plants and their roles in agroforestry systems for over two decades, and cultivates about 300 species in his urban garden. His writing can be viewed online at perennialsolutions.org.