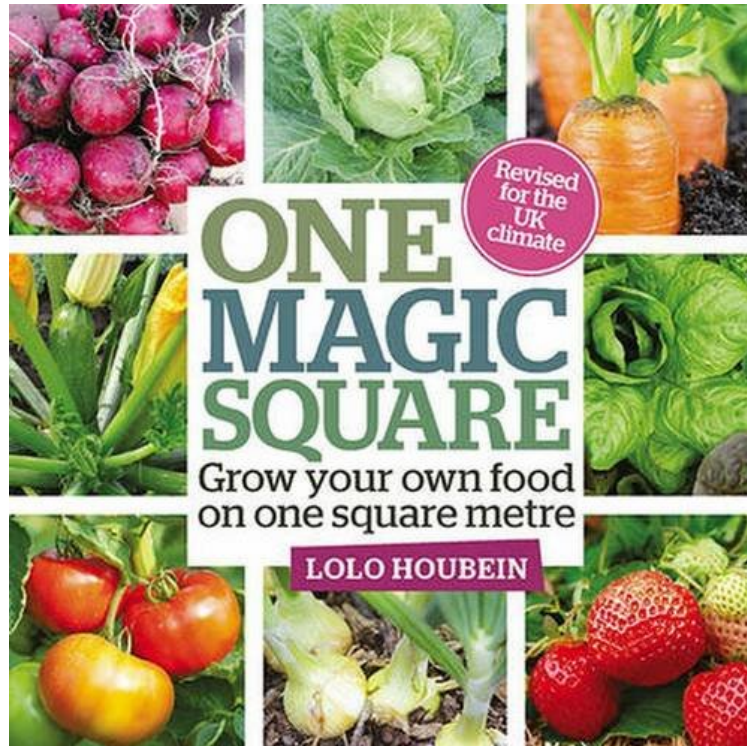


(Read ebook) One Magic Square: Grow Your Own Food on One Square Metre

# One Magic Square: Grow Your Own Food on One Square Metre

*Lolo Houbein*

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**Lolo Houbein : One Magic Square: Grow Your Own Food on One Square Metre** before purchasing it in order to gage whether or not it would be worth my time, and all praised One Magic Square: Grow Your Own Food on One Square Metre:

Fully revised for UK and Northern European climates. The best and cheapest food is the food you grow in your own garden. One Magic Square shows how you can start your own productive food garden in ten minutes a day on a single square metre. With simple plot designs starting with salads and gradually expanding to include beans, tomatoes, corn, roots and much more; you can take the first steps in growing your own food organically. These bite-sized designs allow you to extend by one square metre each season, or pick your favourites to add a bit of excitement to your cooking. The magic of square-metre gardening is in allowing you to keep your garden manageable even as your self-sufficiency increases. The book covers: \* How to grow food one square metre at a time \* Plot designs from basic to complex, with \* Ideas for specific diets and tastes \* Ideas for moving towards food self-sufficiency \* Tips and tricks \* Descriptions of food plants \* The benefits of companion planting For beginners and more experienced gardeners, this book has a wealth of information and guidance.

"It is possible to grow a staggering amount in just a small plot. Ideal for balconies, terraces, courtyards, small gardens or allotments, square metre gardening is perfectly suited to urban growers. It is about maximum work - and the joy of

seeing what can flourish in such a small space." -- The City Planter "This inspiring book sets out to encourage everyone to start growing produce even if it's the first time you have ever considered doing so and in whatever limited space there is available." -- Backlane Notebook One Magic Square "takes a sensible approach, with manageable squares and small tasks, so that food gardening can fit into the busiest lifestyle... And it's a year-round book, so it won't languish on the shelf during winter." -- Emma Cooper Emma the Gardener About the Author Lolo Houbein was born in Holland and later moved to Australia. She is well known as an author of fiction and non-fiction, including gardening books. Food security - and the absence of it - has been a lifelong preoccupation for her.