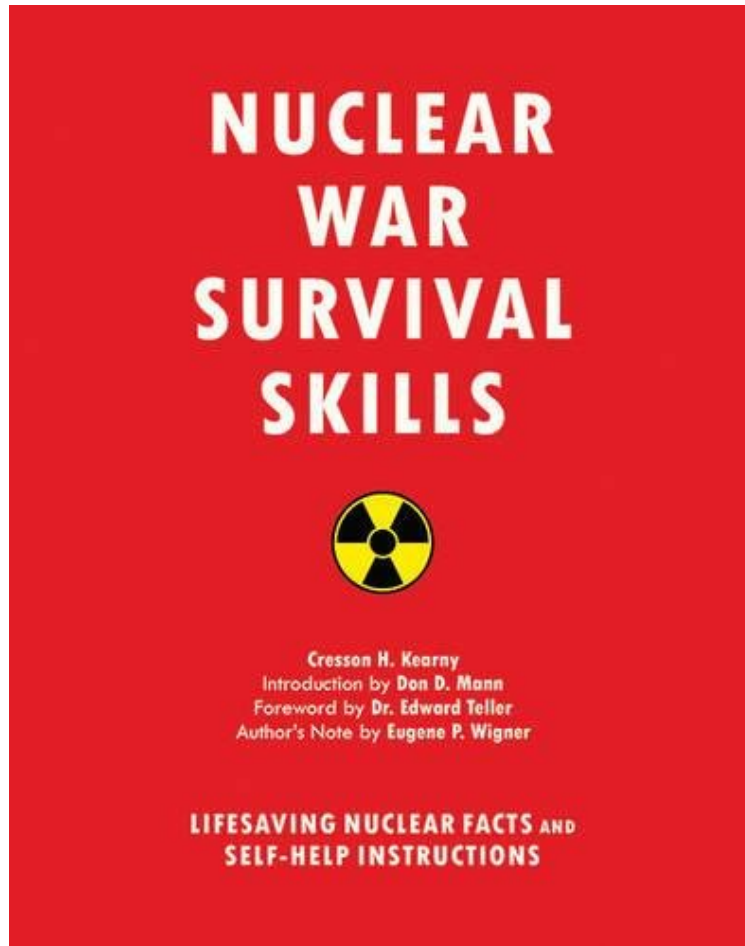


# Nuclear War Survival Skills: Lifesaving Nuclear Facts and Self-Help Instructions

Cresson H. Kearny

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**Cresson H. Kearny : Nuclear War Survival Skills: Lifesaving Nuclear Facts and Self-Help Instructions** before purchasing it in order to gage whether or not it would be worth my time, and all praised Nuclear War Survival Skills: Lifesaving Nuclear Facts and Self-Help Instructions:

0 of 0 people found the following review helpful. Informative and rather blunt review of the survival issues associated with a nuclear attack.By Bill CA very informative and very blunt review of the issues that may face individuals exposed to a nuclear attack. The author offers a combination of pragmatism mixed with cautious optimism for individuals who take the time to work throughthe basic readiness steps outlined in his book. It is worth noting that the illustrations are dated and of rather modest quality. All in all I found the book very informative.0 of 0 people found the following review helpful. easy to understandBy scott smithVery informative, easy to understand, comprehensive information0 of 0 people found the following review helpful. In depth, applicable. Real data for the survivor.By John

AndersonVery eye opening. We have been lied to for decades. Learn the truth.Atomic war is very survivable.

A field-tested guide to surviving a nuclear attack, written by a revered civil defense expert. This edition of Cresson H. Kearny's iconic *Nuclear War Survival Skills* (originally published in 1979), updated by Kearny himself in 1987 and again in 2001, offers expert advice for ensuring your family's safety should the worst come to pass. Chock-full of practical instructions and preventative measures, *Nuclear War Survival Skills* is based on years of meticulous scientific research conducted by Oak Ridge National Laboratory. Featuring a new introduction by ex-Navy SEAL Don Mann, this book also includes: instructions for six different fallout shelters, myths and facts about the dangers of nuclear weapons, tips for maintaining an adequate food and water supply, a foreword by the father of the hydrogen bomb, physicist Dr. Edward Teller, and an About the Author note by Eugene P. Wigner, physicist and Nobel Laureate. Written at a time when global tensions were at their peak, *Nuclear War Survival Skills* remains relevant in the dangerous age in which we now live.

About the Author Cresson H. Kearny was a graduate of the Texas Military Institute and of Princeton University. He worked for Standard Oil in Venezuela and served in the US Army as a captain in the Panama Mobile Force. Many of his jungle-tested inventions were used by US infantrymen in WWII. In 1964, Kearny joined the Oak Ridge National Laboratory civil defense project, which is where the research supporting his book *Nuclear War Survival Skills* was conducted. He died in 2003. Don Mann is an ex-Navy SEAL, an athlete, and a prolific author of Navy SEAL-related fiction and nonfiction. He has made numerous television appearances across all major networks and has written pieces for *Time*, *Newsweek*, *Runners World*, *Mens Fitness*, *Huffington Post*, *CNN.com*, *Wall Street Journal*, *Washington Post*, and many more. He lives in Miami, Florida. Dr. Edward Teller (1908-2003) was a theoretical physicist known colloquially as the father of the hydrogen bomb. He was a key member of the Manhattan Project during WWII. Eugene P. Wigner (1902-1995) was a noted theoretical physicist and mathematician. He received the Nobel Prize in Physics in 1963.