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My Tiny Veg Plot: Grow Your Own in Surprisingly Small Places

Lia Leendertz

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#693789 in Books 2017-02-01 Original language: English PDF # 1 7.50 x .90 x 8.751, .92 #File Name: 1910496057160 pages | File size: 76.Mb

Lia Leendertz : My Tiny Veg Plot: Grow Your Own in Surprisingly Small Places before purchasing it in order to gauge whether or not it would be worth my time, and all praised My Tiny Veg Plot: Grow Your Own in Surprisingly Small Places:

Food can be grown just about anywhere, and lack of space should not put you off growing your own fresh vegetables. Not everyone has access to outside space, but we all have window ledges, doorways, often stairways, sometimes even a balcony or roof space. This book offers solutions and inspirations for these tricky spots that we frequently overlook, and highlights some unusual growing spaces such as a minuscule balcony in England, an innovative installation of hexagonal polytunnels full of salad leaves in Amiens, France, and an ingenious self-sufficient growing system that provides a wealth of vegetables in an old swimming pool in Phoenix, Arizona. Filled with practical advice, inspiration and planting and design ideas, My Tiny Veg Plot tells you how to prepare your beds whatever the size and situation; there is advice on filling containers, creating ingenious planters, using planting mediums, soil and water and which fruit and vegetables will thrive in which spot. My Tiny Veg Plot contains straightforward information on what to grow and how to grow it, from seed to ready to eat.

"delectable and doable." Publishers Weekly